

SPRING 2017

Join our practical mini-seminars on a fulfilling, spiritually based life and a positive perspective for a better world.
-pens, paper, ice water, coffee, decaf & tea provided-



It's all here now, with help from
The Wisdom of the Ages

and it's happening at the beautiful, historic Fairmont
PALLISER HOTEL
133 - 9th Avenue S.W., downtown Calgary, Alberta
SUNDAY MORNINGS AT ELEVEN

This friendly invitation is extended to you with love from the Calgary

LIFE ENRICHMENT CENTRE
Dr. HERMAN J. Aaftink
Founder - Director and Presenter

Author of "BRAND NEW ME - The Art of Authentic Living"

*Sharing Inspiration and Encouragement
with Calgarians for over Forty - Eight Years.*

CENTRE INFORMATION

- **CALGARY LIFE ENRICHMENT CENTRE** is an activity of **QUIMBY FOUNDATION**, a registered Canadian Charitable, Non profit organization, supported solely through responsible, voluntary sharing. Your donations earn valuable income tax credits. Please identify by using envelopes provided. Thank you for your generosity and for caring.
- **OUR "METAPHYSICS" ESSAY** and Herman's book "**BRAND NEW ME**" provide detailed information about our philosophy.
- **WE DEEPLY APPRECIATE ALL** our wonderful volunteers and contributors who make this vital service to our community possible. They represent the finest and best in the human spirit.
- **OFFICE AND MAILING ADDRESS:** 1003, 2127 - 90th Avenue S.W.
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· Our home page address:
<http://www.ppquimby.com/calg/calg.htm>
· Tony Vander Vliet Website:
www.TonyThoughtShoppe.info

Our beautiful Website has links to the World's most comprehensive resource on the vital wellness message of Phineas Parkhurst Quimby (1802-1866)
Webmaster: Dr. Ron Hughes, Sanford, Michigan.

Centre Coordinators

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Audio

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Dr. RON HUGHES
Webmaster

Our Mission:

*This Centre is affiliated with the International New Thought Alliance.
We are dedicated to the Spiritual Enlightenment and Transformation of
the Individual and the World.*

SPRING 2017

Herman speaks each Sunday

March 26 "MIDDLE GROUND"

Extreme attitudes and actions may cause conflict and suffering. A more harmonious alternative is offered by Aristotle (384 - 322 BCE).

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April 2 "HEALING FROM WITHIN"

Jesus was a wonderful healer. We too are able to use his spiritual healing principles to help ourselves and others.

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April 9 "WORDS THAT EMPOWER"

Today is Palm Sunday and we find in the Seven Last Words of Jesus the strength to prevail over challenges facing us.

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April 16 "ETERNAL LIFE"

It's EASTER! We celebrate Jesus' resurrection and rejoice in the evidence of the survival of our own existence beyond this life.

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April 23 "SELF-RENEWAL NOW"

We experience a profound inner Spring awakening when considering the sayings of Jesus following his resurrection.

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April 30 "MAKING A DIFFERENCE"

We all wish to be a positive influence in the lives of folks we care about. There are ways in which we are likely to succeed...

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SPRING 2017

Herman speaks each Sunday except June 11

May 7 "WHAT BUDDHA SAID"

About personal power, gaining wisdom, a quiet mind, meditation, overcoming anger, living like a lotus, the nature of self and cosmic potential.

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May 14 "TO KEEP US WISE"

On Mother's Day we are proud to share the nurturing insights of great women pioneers, authors and healers of our New Thought Movement.

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May 21 "HOW YOUR MIND WORKS"

Your presenter recalls the clear instruction of his friend Joseph Murphy (1898 - 1981), which enables us to think with authority.

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May 28 "STAY CALM AND BE STILL"

We follow a proven path of reflection that melts away tension and always provides real soul serenity when applied.

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June 4 "THE PARACLETE"

On the Christian calendar this is the day of the Holy Spirit. When Science meets Spirit an awesome perspective of the Higher Power emerges...

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June 11 "HUMANITY'S DEEP ROOTS"

TONY VANDER VLIET shows how, tracing back to our human beginnings, we uncover shared heritage and common grounds, holding guidance for humanity today.

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