

SPRING 2018

Join our practical mini-seminars on a fulfilling, spiritually based life and a positive perspective for a better world.
-pens, paper, ice water, coffee, decaf & tea provided-



It's all here now, with help from
The Wisdom of the Ages
and it's happening at the beautiful, historic Fairmont
PALLISER HOTEL
133 - 9th Avenue S.W., downtown Calgary, Alberta
SUNDAY MORNINGS AT ELEVEN

This friendly invitation is extended to you with love from the Calgary
LIFE ENRICHMENT CENTRE
Dr. HERMAN J. Aaftink
Founder - Director and Presenter

Author of "BRAND NEW ME - The Art of Authentic Living"

*Sharing Inspiration and Encouragement
with Calgarians for over Forty - Nine Years.*

Centre Coordinators

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Audio

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Dr. RON HUGHES
Webmaster

CENTRE INFORMATION

- **CALGARY LIFE ENRICHMENT CENTRE** is an activity of **QUIMBY FOUNDATION**, a registered Canadian Charitable, Non profit organization, supported solely through responsible, voluntary sharing. Your donations earn valuable income tax credits. Please identify by using envelopes provided. Thank you for your generosity and for caring.
- **OUR "METAPHYSICS" ESSAY** and Herman's book "**BRAND NEW ME**" provide detailed information about our philosophy.
- **WE DEEPLY APPRECIATE ALL** our wonderful volunteers and contributors who make this vital service to our community possible. They represent the finest and best in the human spirit.
- **OFFICE AND MAILING ADDRESS:** 1203, 2105 - 90th Avenue S.W.
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· Our home page address:
<http://www.ppquimby.com/calg/calg.htm>
· Tony Vander Vliet Website:
www.TonyThoughtShoppe.info

Our beautiful Website has links to the World's most comprehensive resource on the vital wellness message of Phineas Parkhurst Quimby (1802-1866)
Webmaster: Dr. Ron Hughes, Sanford, Michigan.

Our Mission:

*This Centre is affiliated with the International New Thought Alliance.
We are dedicated to the Spiritual Enlightenment and Transformation of the Individual and the World.*

SPRING 2018

Herman speaks each Sunday

March 25 "EMPOWERMENT NOW"

On Palm Sunday we find comfort, hope, healing and strength to cope, in the Holy Week message of Jesus.

..... 1776

April 1 "IMMORTALITY NOW"

At Easter we discover with joy that there is life after life for each one of us, just as Jesus came to show.

..... 1777

April 8 "HOW TO MAKE A DIFFERENCE"

We often wish to help people we care about but may not know how to do it. Here are seven ideas that really work.

..... 1778

April 15 "WHEN IT'S MEANT TO BE"

One of the mysteries of life now makes sense, when an inexplicably baffling event turns out to be a good thing.

..... 1779

April 22 "SPRING AWAKENING"

On Earth Day we realize that Spring is in the air and all around us, so we join Nature's Creative Process with this personal plan for Self-Renewal.

..... 1780

April 29 "LEAP OF FAITH"

When the road ahead looks uncertain and we seem unable to control our future - what we need is reliable faith to see us through.

..... 1781

SPRING 2018

Herman speaks each Sunday except May 13 & June 10

May 6 "AFFIRMATION NOW"

Occasionally, our self-talk may not be helpful. When we learn to affirm we generate optimism and improvement.

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May 13 "IN PRAISE OF MOTHERS"

Our Presenter DOROTHY HOSKIN explains how the wonderful values inspired by Mother's Day can help transform any world.

..... 1783

May 20 "KEY TO YOURSELF"

Victoria Day motivates us to take our thinking in hand and manage our own empire of ideas, beliefs, memories and feelings for the best results.

..... 1784

May 27 "MINDFULNESS NOW"

How we may cool the fires of irritation and follow the Noble Path of wise action, as originally taught by the Buddha.

..... 1785

June 3 "STORIES TO LIVE BY"

Growing in understanding can be both enlightening and fun, as these Zen tales clearly convey.

..... 1786

June 10 "WORLD BELIEF CONCILIATION"

Our Presenter TONY VANDER VLIET shares the subject of attending to humanity's diversity today, as that emerged from shared origins so long ago.

..... 1787