



Dedicated to Deeper Understanding

## FESTIVE SEASON 2017 / 2018

Join our practical mini-seminars on a fulfilling, spiritually based life and a positive perspective for a better world.  
*-pens, paper, ice water, coffee, decaf & tea provided-*

It's all here now, with help from  
*The Wisdom of the Ages*

and it's happening at the beautiful, historic Fairmont  
**PALLISER HOTEL**  
133 - 9th Avenue S.W., downtown Calgary, Alberta  
**SUNDAY MORNINGS AT ELEVEN**

This friendly invitation is extended to you with love from the Calgary

**LIFE ENRICHMENT CENTRE**

**Dr. Herman J. Aaftink**

**Founder - Director and Presenter**

*Author of "BRAND NEW ME - The Art of Authentic Living"*

*Sharing Inspiration and Encouragement  
with Calgarians for over Forty - Eight Years.*

### CENTRE INFORMATION

- **CALGARY LIFE ENRICHMENT CENTRE** is an activity of **QUIMBY FOUNDATION**, a registered Canadian Charitable, Non profit organization, supported solely through responsible, voluntary sharing. Your donations earn valuable income tax credits. Please identify by using envelopes provided. Thank you for your generosity and for caring.
- **OUR "METAPHYSICS" ESSAY** and Herman's book "**BRAND NEW ME**" provide detailed information about our philosophy.
- **WE DEEPLY APPRECIATE ALL** our wonderful volunteers and contributors who make this vital service to our community possible. They represent the finest and best in the human spirit.
- **OFFICE AND MAILING ADDRESS:** 1203, 2105 - 90th Avenue S.W.  
Calgary, Alberta T2V 0X5  
Telephone: (403) 278-1217
- **INTERNET:**
  - Our home page address  
<http://www.ppquimby.com/calg/calg.htm>
  - Tony Vander Vliet Website:  
[www.TonyThoughtShoppe.info](http://www.TonyThoughtShoppe.info)

Our beautiful Website has links to the World's most comprehensive resource on the vital wellness message of Phineas Parkhurst Quimby (1802-1866)  
Webmaster: Dr. Ron Hughes, Sanford, Michigan.

### Centre Coordinators

THOMAS ENYEDVARY  
Audio

DENISE GALAMBOS  
Book Store

HANNA HESS  
Music

GARDA MCCRACKEN  
Bookkeeping

TONY VANDER VLIET  
Adjunct Lecturer

DR. RON HUGHES  
Webmaster

### Our Mission:

*This Centre is affiliated with the International New Thought Alliance.  
We are dedicated to the Spiritual Enlightenment and Transformation of  
the Individual and the World.*

## NOVEMBER / DECEMBER 2017

Herman speaks each Sunday

### Nov. 26 "THE WISDOM OF JESUS"



The reason for the Christmas Season is the life, mission and teachings of Jesus. Here's what he shared about who we are and why we are here.

..... 1761

### Dec. 3 "THE WISDOM OF ANGELS"



At this very busy time we could all use some relief from stress, some strength and encouragement and also some guidance and love.

..... 1762

### Dec. 10 "THE WISDOM OF ISAIAH"



A wonderful sense of inner peace and contentment is ours when we choose to meditate on Isaiah's Advent contemplation.

..... 1763

### *Share the Joy ...*

We often wonder what to give for Christmas. One answer is at our Centre's book tables with gifts of insight and inspiration.

**A Merry Christmas to You**

## FESTIVE SEASON 2017 / 2018

Herman speaks each Sunday

### Dec. 17 "THIS IS CHRISTMAS"



To understand the inner significance of the persons and events of the original nativity story leads to our spiritual awakening, the greatest gift of all, for all...  
**Invite a friend to join you.**

..... 1764

To enable everyone to "be home for the holidays" with loved ones, we will not meet at the Palliser on Christmas Eve and New Year's Eve.

### Jan. 7'18 "A NEW BEGINNING"



We hear "Happy New Year" everywhere. What has the power to make you happy? Here are ten suggestions to make your 2018 really new.

..... 1765

### Jan. 14 "LIVING IN THE KNOW"



Guessing works some of the time. Knowing works all the time. To achieve our New Year Resolutions, we connect with what works.

..... 1766

### Jan. 21 "INSPIRATION NOW"



When we say "yes" to all that inspires us, intrigues us and makes us grow, we find our New Year unfolds with greater good.

..... 1767

**A Happy New Year to You**